



China Travel, Customised · AI-Generated Itinerary

Yunnan Loop — Kunming · Dali · Lijiang · Shangri-La

Kunming → Dali → Lijiang → Shangri-La

Generated **Oct 7, 2026** Duration **8 days** Stops **4**

At a glance

Kunming

Dali

Lijiang

Shangri-La

Route map



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Day-by-day itinerary

A suggested hourly plan — times are flexible and your trip designer fine-tunes every detail to your pace, opening hours and weather.

DAY 1

Kunming

Arrival & first look



09:00 Arrive in Kunming. Your private driver meets you and transfers you to the hotel (about 45–90 min from the airport).

11:00 Early check-in, drop your bags and freshen up.

12:30 Welcome lunch — a local lunch spot recommended by your guide.

14:30 Gentle orientation: a guided stroll through Kunming old quarter with short photo stops.

17:00 Return to the hotel to rest. Activate your eSIM and set up Alipay / WeChat Pay with your card.

19:00 Dinner at a recommended local restaurant — a regional dinner.

20:30 Easy evening: a night view or free time. Your guide briefs you for tomorrow.

Overnight in Kunming.

DAILY REMINDERS • APPLIES EVERY DAY

- | | |
|---|--|
| ☐ Carry your passport (plus a visa copy) — hotels and sites may check ID. | ☐ Confirm the next day's driver pickup time with your guide each evening. |
| ☐ Keep both cash and a topped-up mobile-payment app (Alipay / WeChat Pay). | ☐ Charge your phone and power bank before heading out. |
| ☐ Download the offline map for the day's area. | ☐ Pre-book timed-entry tickets and wear comfortable walking shoes. |

**DAY
2****Kunming****On the road to Dali**

- 07:30** Breakfast at the hotel and pack.
- 09:00** Free morning for a last stroll or souvenir shopping in Kunming.
- 11:00** Check out; private transfer to the station / airport for the intercity leg to Dali.
- 13:00** Arrive Dali; check in or drop your bags at the hotel.
- 14:30** Afternoon orientation of Dali with your guide — A guided visit to a second attraction..
- 18:30** Dinner in Dali — a regional dinner.
- 20:30** Free evening. Overnight in Dali.

**DAY
3****Dali****Settle in & explore**

- 07:30** Breakfast at the hotel.
- 08:30** Depart with your guide for this morning's highlights.
- 09:15** A walking tour of Dali's centre and landmarks.
- 11:15** A café break in a lively neighbourhood.
- 12:30** Lunch — a local lunch spot recommended by your guide.
- 14:00** Free time for shopping and strolling.
- 16:00** A relaxed afternoon activity of your choice.
- 17:30** Return to the hotel to freshen up; free time.

- 19:00** Dinner — a regional dinner.
- 20:30** Free evening to relax at the hotel.
- 22:00** Back to the hotel. Overnight in Dali.

DAY 4

Dali

On the road to Lijiang

- 07:30** Breakfast at the hotel and pack.
- 09:00** Free morning for a last stroll or souvenir shopping in Dali.
- 11:00** Check out; private transfer to the station / airport for the intercity leg to Lijiang.
- 13:00** Arrive Lijiang; check in or drop your bags at the hotel.
- 14:30** Afternoon orientation of Lijiang with your guide — A guided visit to a second attraction..
- 18:30** Dinner in Lijiang — a regional dinner.
- 20:30** Free evening. Overnight in Lijiang.

DAY 5

Lijiang

Settle in & explore



- 07:30** Breakfast at the hotel.
- 08:30** Depart with your guide for this morning's highlights.
- 09:15** A walking tour of Lijiang's centre and landmarks.
- 11:15** A café break in a lively neighbourhood.

12:30 Lunch — a local lunch spot recommended by your guide.

14:00 Free time for shopping and strolling.

16:00 A relaxed afternoon activity of your choice.

17:30 Return to the hotel to freshen up; free time.

19:00 Dinner — a regional dinner.

20:30 Free evening to relax at the hotel.

22:00 Back to the hotel. Overnight in Lijiang.

**DAY
6**

Lijiang

On the road to Shangri-La

07:30 Breakfast at the hotel and pack.

09:00 Free morning for a last stroll or souvenir shopping in Lijiang.

11:00 Check out; private transfer to the station / airport for the intercity leg to Shangri-La.

13:00 Arrive Shangri-La; check in or drop your bags at the hotel.

14:30 Afternoon orientation of Shangri-La with your guide — A guided visit to a second attraction..

18:30 Dinner in Shangri-La — a regional dinner.

20:30 Free evening. Overnight in Shangri-La.

DAY
7

Shangri-La

Settle in & explore



- 07:30** Breakfast at the hotel.
- 08:30** Depart with your guide for this morning's highlights.
- 09:15** A walking tour of Shangri-La's centre and landmarks.
- 11:15** A café break in a lively neighbourhood.
- 12:30** Lunch — a local lunch spot recommended by your guide.
- 14:00** Free time for shopping and strolling.
- 16:00** A relaxed afternoon activity of your choice.
- 17:30** Return to the hotel to freshen up; free time.
- 19:00** Dinner — a regional dinner.
- 20:30** Free evening to relax at the hotel.
- 22:00** Back to the hotel. Overnight in Shangri-La.

DAY
8

Shangri-La

Final morning & departure

- 07:30** Breakfast at the hotel and pack.
- 09:00** Final stroll or last souvenir shopping near the hotel.
- 11:00** Check out and settle any incidentals.
- 12:00** Private transfer to the airport / station; your guide assists with check-in.
- End of services. Safe travels — thank you for travelling with WingPhoenix!

Getting around

Leg	Distance	Recommended	Approx. time
Kunming → Dali	270 km	High-speed rail	1.6 h by train
Dali → Lijiang	141 km	High-speed rail	0.8 h by train
Lijiang → Shangri-La	118 km	Private car / coach	2.1 h by road

Times are door-to-door estimates; your trip designer confirms exact schedules and private transfers.

Before you go

- ☐ Passport valid for at least 6 months beyond your return date.
- ☐ Link your international card to Alipay and WeChat Pay, and test a small payment.
- ☐ Buy travel insurance that covers your planned activities.
- ☐ Save your hotel addresses in Chinese to show taxi drivers.
- ☐ Check your visa / visa-free days on our China visa-free checker before you fly.
- ☐ Install your China eSIM before departure and confirm it activates on landing.
- ☐ Download offline maps and a translation app (with camera translate).
- ☐ Keep WingPhoenix WhatsApp +86 180 3801 6100 for 24/7 on-trip support.

Packing list

Documents	Passport (+2 copies), visa / visa-free proof, printed itinerary, insurance card, ID photos.	Tech	Phone, charger, power bank (≤ 100 Wh), universal adapter, earphones, eSIM QR code.
Clothing	Comfortable walking shoes, weather layers, sun hat, light rain jacket, modest wear for temples.	Health	Personal medication, motion-sickness tablets, hand sanitiser, plasters, any prescriptions.
Money	A card enabled for Alipay / WeChat Pay, plus some cash for small vendors.	Misc	Reusable bottle, day-pack, tissues, wet wipes, snacks, zip bags.

What's included

Included

Trip design · English-speaking guide · Private transfers

Add-ons

Hotel booking · eSIM data
· Ticket booking

Practical information

- Visa: verify your visa-free days on our [China visa-free checker](#) before you fly.
- Best seasons: April-May and September-October are most comfortable; avoid the National Day holiday (Oct 1-7).
- Payments & data: set up Alipay / WeChat Pay before arrival and get a [China eSIM](#).
- Emergencies: Police 110 · Ambulance 120 · Tourism hotline 12301 · WingPhoenix 24/7 WhatsApp +86 180 3801 6100.

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